

Personal Protective Equipment: PPE: From Head to Toe

In this personal protective equipment training program, you will learn the importance of protecting yourself from the top of your head to the tip of your toes. Both employer and employee responsibilities are stressed. This personal protective equipment training identifies the variety of available PPE and then emphasizes the importance of wearing the proper PPE. Real-life interviews create a powerful message that describe how PPE can have life-saving effects. This personal protective equipment training course teaches learners to protect their head, eyes, hearing, body, hands, and feet. Respiratory protection is also detailed in this training that is perfect for both newly hired employees and those fulfilling important retraining requirements.

Audience

Personal protective equipment training is for all workers.

Topics

The course presents the following topical areas:

- Introduction
 - An electrical mishap
- Employer & Employee Responsibilities
 - Employer responsibilities
 - Employee responsibilities
- Head & Eye Protection
 - Head protection
 - Eye injury mishap
 - Eye hazards
 - Types of eye protection
 - Eyeglasses, sunglasses and contact lenses
 - Interview -avoiding an eye injury
- Hearing Protection
 - Employer responsibilities
 - Types of hearing protection
- Respiratory Protection
 - Types of respirators
 - Employer responsibilities
 - Employee responsibilities
 - Levels of protection
 - Disposable dust masks
- Body, Hand and Foot Protection
 - Types of body protection
 - Hand injury mishap
 - Results of not wearing gloves
 - Hazards to our hands

- Employer and employee glove responsibilities
- Foot injury mishap
- Hazards to our feet
- Interview -preventing a foot injury
- Conclusion
 - PPE on and off the job

Intended Learning Outcomes

Upon successful completion of this course you will be better prepared to:

- Comply with PPE requirements.
 - List employer responsibilities.
 - List employee PPE responsibilities.
- Use appropriate head protection. Wear appropriate eye protection.
 - Commit to using hardhat selected by the employer.
 - State employer eye protection responsibilities.
 - List examples of workplace eye hazards.
 - Explain the purpose of different types of eye protection.
 - Recognize that regular eye wear provides poor protection.
- Wear effective hearing protection.
 - List components of the hearing conservation program.
 - Choose the two main types of hearing protection.
 - Describe the use of earmuffs.
- Utilize effective respiratory protection.
 - Describe the two primary types of respirators.
 - List employer respirator responsibilities.
 - List employee respiratory PPE responsibilities.
 - Select the type of respirator to use around hazardous gases or vapors.
 - Recognize limitations of disposable dust masks.
- Use effective PPE for body, hands and feet.
 - Explain basic PPE used to protect the body.
 - Describe steps to prevent hand injuries.
 - List hazards protected by safety boots and shoes.