CPR/AED

Regulatory Requirement References

2010 Emergency Cardiovascular Care (ECC) Guidelines 29 CFR 1910.151

Estimated Time Required 4 - 6 hrs. (with First Aid)

Requalification Period2 yrs.Pre-RequisitesN/AMinimum # Students6Maximum # Students10Additional Course MaterialYes

Note: Timing may be reduced when combining CPR/AED and F/A due to overlaps in universal precautions and legal considerations.

General Overview

CPR and use of an AED are basic life saving skills for everyone. Through instructor led discussion, hands-on application, and video presentation, students will learn the proper response skills for emergency scene assessment, choking assistance, unconscious victim resuscitation, cardiac arrest, and stroke.

Expected Outcomes

At the end of this course, students will be able to respond to breathing and cardiac emergencies and will receive certification from the American Safety and Health Institute.

Topics Covered

Heart Attack
Stroke
Breathing emergencies
Choking
Sudden Cardiac Arrest
AED's and their proper use

Implementation Mechanism

Training shall consist of a combination of formal instruction (e.g., lecture, discussion, video presentation, written material), practical training (demonstrations performed by the trainer and practical exercises performed by the trainee), and written evaluation of the student's performance.

Client Supplied Items:

Emergency notification and response procedures Location and inventory of emergency response equipment DVD Player and corresponding viewing equipment